

Quarterly publication direct mailed to approximately 62,000 RNs, LPNs and Licensed Mental Health Technicians in Kansas.

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# Positions Open for Appointment to the Kansas State Board of Nursing

The Kansas State Board of Nursing will have three positions open for appointment July 1, 2016. Governor Brownback will be seeking nominations for two Registered Nurse positions and one Public Member position. The RN open positions consist of a Registered Nurse from nursing practice and nursing education. Both of the Registered Nurses must have five years' experience in nursing and shall be actively engaged in the profession of nursing.

Those interested in one of the positions is encouraged to complete the online form at <a href="https://governor.ks.gov/serving-kansans/office-of-appointments">https://governor.ks.gov/serving-kansans/office-of-appointments</a>. K.S.A. 74-1106 requires Kansas State Nurse Association to give the Governor a list of Registered Nurses to be considered for appointment. The Governor is not obligated to make his appointment from the recommendations, although they will be considered.

To see the statute discussed above log onto the web site at <u>www.ksbn.org</u> and download it at no charge.

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# Dr. Nancy Mosbaek Scholarship Winner



Mary Blubaugh MSN, RN, Executive Director; Dave Mosbaek, The son of the late Nancy Mosbaek, KSBN Education Specialist; Lenora Edwards MSN, RN Doctoral Student at Washburn University; Monica Scheibmeir PhD, APRN, FAANP, Dean of Nursing at Washburn University

Happy National Nurses Week 2016!



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Mary Blubaugh MSN, RN, Executive Director; Rebecca Angell RN Student at Wichita State University; JoAnn Klaassen RN, MN, JD, Board President; Victoria Mosack PhD, APRN, PMH CNS-BC, Administrator at Wichita State University

#### Rebecca Angell

It had been a sweltering July day in Kansas, and the sun was just starting to let up its intense and fiery bake of the pavement that stretched out over this large prairie country. I had just ended a twelve-hour shift at the local hospital as

a nurse technician and my legs were aching and my stomach was growling for supper. I walked through the steaming parking lot that was still writhing with discomfort from its long exposure to the unfiltered elements. As I opened my car door, my eyes adjusting from the flicker of fluorescent lighting to the brilliance all around me, I finally began to reminisce on the day. The shift had come with its challenges: dismissals in one room, admissions in another, one patient in need of a bedpan and another awaiting help to order dinner, I felt that in certain ways I had failed my patients by not always attending as quickly as they may have wanted to their individual needs. However, I knew I had done my best to not only care for their physical needs, but for their whole selves, giving my all to put a smile on their face. At times there had even been a lull, and those moments had been mysteriously filled too. One patient just didn't feel lovely, and so I had brushed and braided her hair. Another patient had refused to talk to any medical staff, so I had written her some notes and waited and listened and eventually won her trust. At this moment, I realized that nurses have one distinct role in healthcare, which no one else can quite match. Nurses have a unique and profound capability to meet a patient in the midst of deep vulnerability and bestow dignity upon them as a whole person: body, soul, and mind.

It is easy for busy medical professionals to elevate the *task* of medical care above the *person* for whom they are caring. A doctor can diagnose and prescribe, but a nurse can rub a shoulder. A surgeon can dissect and eliminate and reconstruct, but a nurse can massage and reposition and comfort. A social worker can provide options for future well-being, but a nurse can listen while

a patient cries. A nurse is given the opportunity and the gift to elevate the *whole person* in need of restoration and healing above the *task* in need of accomplishment.

Nurses come to work every day with one goal in mind: to leave their patients more dignified, more whole and more comfortable than when they started their shift. This drive and passion for the complete well-being for another individual is what called me to the nursing profession from the beginning. It is a sacred honor to be invited into the most exposing moments of another's life and, in return, offer hope, healing and presence. Being part of a nursing team has allowed me the opportunity not only to offer a cold washcloth for a patient's feverish forehead and clean up vomit that has soiled the bedding, but also to hold the hand of a patient who just received terrifying news of cancer and dry the tears of a mother who has to see her child in pain. In these holy moments, nurses extend compassion, reverence, and genuine empathy. These actions are the ones that truly heal a whole being. For these reasons, the role that nurses provide to healthcare is truly irreplaceable.

I once heard it said that to love someone is to bestow dignity upon them. So, as that July day came to an end, and I lay in my bed that night resting my aching legs, I was satisfied. I was satisfied that I have the opportunity, through my profession, to be the one who can meet a patient in a fully vulnerable state, and yet love, respect and care for the valuable, whole and dignified person that they are. I was satisfied that I am given the gift of serving these patients, caring for their physical needs, and also the needs of their soul and mind. Yet, mainly, I was grateful to know that I have the opportunity, like many nurses around me do every day, to leave my patients in a better place than when I first began to care for them.

#### **BOARD MEETING SCHEDULE**

#### 2016 Board Meetings

- March 29 & 30
- June 14 & 15
- September 13 & 14



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Mary Blubaugh MSN, RN, Executive Director; Jade Holmes RN Student at the University of Kansas; JoAnn Klaassen RN, MN, JD, Board President

#### **Jade Holmes**

It was a Friday morning around 10 a.m. when I received a phone call from my grandmother, who is one of the most important people in my life. She explained to me that she had been laying on her bedroom floor for two days and was unable to get up. She had been experiencing severe back pain and was on her way to the hospital. I was shocked by the idea and image of my grandmother being so sick and in need of medical attention. On my drive to the hospital, thoughts raced through my mind regarding her health and medical needs. When I arrived in her hospital room a nurse was at her bedside holding her hand with a contagious comforting smile. Nursing is much more than just a job; it is a profession that holds many unique characteristics that makes it one of the most important professions within our health care system. The direct patient care and dedication to education and knowledge within the profession is what makes nursing unique and sets it apart from any other health care profession. The nurse in my grandmother's hospital room exemplifies this attention to patient care and understanding by the way she provided both relief and assistance to not only my grandmother, but also to my family through her unique ability to empathize with our emergency.

One of the most powerful components of being a nurse is the relationship built with patients and families. Unlike physicians, nurses are focused on the illness or wellness of the patient, not necessarily the etiology and presentation of the disease state. This concentration on the individual patient gives nurses the unique ability to provide direct patient care and advocate for their needs and interests. The direct patient care nurses provide makes nursing a trusted, valued, and unique profession compared to all other healthcare fields. In this role, nurses act as both caregiver and representative for the patient, as they are the ones who are always at the bedside and are always listening to patient and family needs. Along with patient trust, nurses are also unique in their relationship and teamwork collaboration abilities with physicians and other health care providers. Nurses are the foundation of care for each patient and have the power to bring together multiple teams to provide the best possible care.

Nurses have not only the unique ability to provide direct patient care, but also possess a valuable level of education that provides patients with physical, emotional, and psychological relief. The education nurses receive is of upmost importance because it is the foundation of practice. The combination of medical science, biological science, and critical thinking skills provide the groundwork for nurses to be the best provider of care and patient advocate available. Nurses are taught to continue to expand their knowledge and to use their analytical communication skills daily. This level of attention to education and knowledge is unique to the nursing and a value that the profession holds very high.

As I continue my education to become a nurse, I will never forget the contagious smile on the face of the nurse in my grandmother's hospital room. The level of care she gave so naturally is what sets nursing apart from all other health care professions. Nurses are essential to the health care system because of their educational foundation and patient focused care, and this is what makes them unique. It is important to continue this level of integrity and dedication to the patient to ensure the best experience possible for patients and family. Nurses can impact every patient they encounter, and that alone, is what makes for remarkable health care.



Mary Blubaugh MSN, RN, Executive Director; Susan Sukstorf PN Student at Johnson County Community College; JoAnn Klaassen RN, MN, JD, Board President; Annette Rodriguez RN, Instructor at Johnson County Community College

#### **Susan Sukstorf**

Over the last 153 years, nursing has had an impact on the way that health care is viewed in the United States. Beginning during the Civil War, Clara Barton took volunteers into the field to treat wounded soldiers, and, in 1893, Lillian Ward and Mary Brewster expanded the nursing practice by going into the communities

of the poor and needy in New York City. All of these women were following in the footsteps of Florence Nightingale, who set forth the first standards of nursing care, teaching about nutrition, sanitation, and meeting patient needs. Today, health care is like a puzzle, and all the pieces must fit together. Nursing continues to expand on the discipline of health care by being teachers, resources, care givers, communicators, and the most important contact for treating patients and meeting their needs. All of these duties are essential parts of the puzzle, and all of the pieces are needed to complete the picture, and understand the concept of nursing.

Nursing is the first line of defense. The nurse sees and hears all, so he or she is the first to react to a change in physical, spiritual, or emotional condition. The nurse is constantly at the bedside. It is the nurse who constantly checks in on the patient, assessing daily for signs of changes in condition or behavior. The nurse is the one who is making contact with the patients and talking with him or her. The nurse uses her loving, caring, empathetic qualities to reduce stress, listen patiently, and comfort the new resident. This is the main way that needs are met. It is the nurse who listens to what the patient says calmly, adds that subjective piece to his or her own objective observations, and analyzes a situation. At that point, the nurse may begin intervening and solving the problems alone, or communicate with the physician. It is the nurse, who uses her skills effectively, who can assess, analyze, plan and implement a strategy, and reevaluate to see if the goals, set forth, were met, or know when physician intervention is needed. Some of the needs addressed might be physical, but they could also be emotional or spiritual. These are not minor duties. They are essential to total patient care. The physician values and trusts the nurse to do his or her job competently and completely, which is vital to a doctor's correct diagnosis and/or prescription. This is the first piece of the puzzle.

The nurse is also a teacher The communication communicator. pieces involve resources such as workers, chaplains, or doctors. In addition to communicating the patients' vital information and symptoms to the physicians, the nurse must also be able to talk with the appropriate resources and staff. Nursing is not done in isolation. It is done as a member of a care team. A nurse must be able to effectively convey the patient needs to other nurses through means of a morning report, to aides, who will be assisting in the implementation of daily requirements, and to the Director of Nursing, who is in charge of the facility and nursing staff. One must be able to express clearly, in words, what is being done and for what purpose. This information is also given to the occupational, speech, and physical therapists, who will also be sharing in the duties put forth in the care plan. The nurse must be able to talk with and listen to all of these people, as they must constantly work together, and stay abreast of the changes in condition, whether improvement or decline, so that priorities can be reevaluated and goals changed for the benefit of the patient. This is the second piece of the puzzle.

The communication does not stop with the staff. Communicating with the patient is essential. The nurse gathers information, from diet and exercise to pain and comfort. All of the data provided to the nurse upon admission is vital and, combined with observation, is used to assess the patient, but the communication does not stop there. It is an ongoing process, and reassessed daily. Upon discharge, the communication becomes focused on the orders for the patient's recovery in another location, be it at home or another facility. The nurse then becomes a teacher. She must demonstrate and then check the comprehension of the patient on equipment usage and orders from the doctor. She may go over bathing instructions, wound care, medication lists, changes in diet, side effects of medications, and even instructions about when to call the doctor after a surgery or procedure. She answers questions and clarifies misunderstandings. She is essential for a discharge to go smoothly. This is just one of her many tasks. The final pieces of the puzzle are provided.

As one can see, the nurse is in a unique position. She is a communicator, facilitator, organizer, implementer, and teacher. She is the first, middle, and last pieces of the healthcare puzzle. Without the nurse, the other pieces do not fit together, but with the nurse's skill and training the job is done effectively and completely, and the total health care puzzle is finished.



Mary Blubaugh MSN, RN, Executive Director; Melody Vathauer PN Student at Hutchinson Community College; JoAnn Klaassen RN, MN, JD, Board President; Sandy Pangburn MSN, RN, Administrator/Coordinator at Hutchinson Community College

#### **Melody Vathaur**

When I tell people I am going to school to be a nurse, their typical first comment is similar to this. "So, you're going to empty bed pans for the rest of your life." Those individuals couldn't be more wrong and uninformed. There are so very many aspects of this field that make what nurses do unique. Nursing is both an art and a science. Tied to that is the ability to think critically. Critical thinking is a large part of our job with each day being different, certain protocols being changed due to evidence based practice, and the fact that we never stop learning. It takes a broad set of skills: art, science, and critical thinking; to successfully practice as a nurse and that is what makes what we do so unique.

Nursing is science, how we put that science into practice is an art. Science and research show us what effectively treats disorders and diseases. How a nurse chooses to deliver care, medications, and therapeutic measures is what makes nursing an art. The science is what we are taught. We are taught how to care for patient beyond science, but it takes a special set of skills to do that. We are loving, caring, and compassionate; those attributes can't always be taught.

Those attributes are part of what makes us unique. We must have strong backs, hearts, and minds. We comfort those in time of need and are looked upon as healers. We are our patients strength when they are weak, their advocate when nobody else is there, we are their voice when they can't speak. Our patients rely on us to heal, protect, and comfort them. Along with having all those attributes, we have to be critical thinkers.

As nurses, we are faced with new challenges each day. This is why critical thinking is essential. We don't continuously see the same diseases and disorders day after day. We have to be on our toes for what is going to come at us next. We not only have to look at the disease for what it is, the signs and symptoms, etiology, treatment, prognosis, but the patient. The patient will tell us more than what a textbook says. Not every disease process or disorder is "textbook perfect." We have to apply all of the knowledge we were taught in school, all that we've learned in our clinical experiences, and what the patient tells us. We constantly have to dig deeper to find what is best

for a particular patient. Not every individual is the same, nor are two people struggling with the same disease or disorder. We must look at all diagnostic test, medications, what the textbook and patient tell us, and come up with a conclusion based on all the information. To help keep our critical thinking skills their best we must be continually learning new information.

Another aspect that makes nursing unique is we are forever learning. Each day our knowledge of our practice broadens. We are always able to learn something from each patient we care for. I know personally, I strive to learn all that I can. Being a nurse will always give me that opportunity.

As you can see there are many different aspects that make nursing a unique contribution to the medical field. We deliver care based on science, but more importantly as an art. We are critical thinkers, kept constantly on our toes, and making importance decisions each day. We must look at all different aspects to determine the best care of each patient and how to deliver that care. With that, we are continuously learning. We can improve from what we learned from past mistakes. It takes a skillful, artistic, critical thinker; who is knowledgeable in science, to make nursing a unique contribution to the medical field.

# KSBN COMMITTEE REPORTS

## **September 2015 CNE Committee**

The September 2015 CNE Committee was called to order September 15, 2015 at 8:37 a.m. in room 560 of the Landon State Office Building in Topeka by J. Hiner, Chair. No Revisions were made to the agenda. The minutes from the June 2015 meeting were approved with corrections.

M. Kidwell reported that out of the total number of IOAs submitted in July & August, 13% were denied. The most common reasons for denial were learning objectives and agendas not being submitted. The Summary of all denied IOA's was reviewed without further discussion.

K.A.R. 60-9-105 – Language revisions reviewed no further discussion. It was moved to approve K.A.R. 60-9-105 as revised.

K.A.R. 60-9-106 – Language revisions were reviewed no further discussion. It was moved to approve K.A.R. 60-9-106 as revised.

The following long term provider applications were approved pending submission of missing documents:

Ellsworth County Medical Center Kansas Association of Nurse Anesthetist KDHE Bureau of Community Health Systems

The following long term provider applications were approved as submitted:

Wesley Medical Center Perinatal Outreach Program Olathe District Schools Manhattan Area Technical College Ransom Memorial Hospital

CNE Providers not submitting annual reports – M. Kidwell was directed to send certified letters to the provider coordinators and facility administrators of: Compassionate Care Hospice, Hagan and Associates, and The Lemons Center for Behavioral Pain Management advising that their LT CNE Providerships are being relinquished for failure to follow regulatory requirements.

Refresher Course for CNE contact hours – Discussed with the decision being to approve the current JCCC students continuing nursing education hours. However, if/when the revised regulations are approved JCCC will be notified and only those required to complete the refresher course will be granted continuing nursing education hours.

CNE Credit for credentialing courses – The request for continuing education on a credentialing course was denied.

Electronic Signatures for CNE - M. Kidwell to draft revisions to K.A.R. 60-9-107 where signatures are addressed for clarification on signature requirements.

#### **KSBN COMMITTEE REPORTS**

#### **September 2015 Education Committee**

The Education Committee met September 15, 2015 and was called to order by Patsy Zeller, MSN APRN, NP-C, V-Chair at 8:30 a.m. in Room 509 of the Landon State Office Building. The minutes from June 15, 2015 were approved. Patsy Zeller presented Anita Mills, MSN, RN with a certificate of appreciate for her time served on the Education Committee. Patsy also announced Mary Struble, LPN appointment to the Board. Carol Moreland, MSN, RN presented her Education Specialist report.

The site visit report from Brown Mackie College - Salina's PN Program was reviewed. It was moved to accept the site visit report for Brown Mackie College - Salina's PN program with recommendations and to reapprove the program for five years.

The site visit report from Brown Mackie College - Salina's ADN Program was reviewed. It was moved to accept the site visit report for Brown Mackie College - Salina's ADN program with recommendations and to reapprove the program for five years

The site visit report from Wright Career College - Wichita's ADN Program was reviewed. It was moved to accept the site visit report for Wright Career College - Wichita's ADN Program with recommendations and to reapprove the program for a period of five years.

The following schools presented major curriculum changes:

- Washburn University BSN Program
- Donnelly College PN Program
- Colby Community College ADN and PN Programs
- Neosho County Community College PN Program
- Manhattan Area Technical College ADN Program
- Hutchinson County Community College ADN Program

The Nursing Programs' annual report data was reviewed. It was moved to reapprove the PN, ADN and BSN program on full approval status through December 2016. It was moved to reapprove the conditional approval status of Pratt Community College ADN program and Kansas Wesleyan University BSN program through December 2016.

Rasmussen College requested the approval of an accelerated BSN Program at the Topeka and Overland Park campuses. It was moved to approve Rasmussen College to offer an accelerated BSN program at the Topeka and Overland Park campuses with a site visit to occur before approval is given to admit students.

Ten petitions for permission to test/retest were reviewed and action taken. The meeting was adjourned at 11:35 am.

# KSBN COMMITTEE REPORTS

## **September 2015 APRN Committee**

The APRN Committee met September 15, 2015 and was called to order by Carol Bragdon, PhD, APRN, Chair at 1:30 pm in Room 509 of the Landon State Office Building. Bryce Benedict was introduced as the new Assistant Attorney General. Carol Bragdon presented Donna Nyght, CRNA, CNP and Ronda Eagleson, MN, RN, FNP, BC with certificates of appreciation for their time served on the APRN Committee. The minutes from June 16, 2015 were approved.

Cathy Gordon discussed that House Bill 2280 is still moving forward.

It was moved to approve the following out of state schools and their courses:

- Drexal University RNA
- Kaplan University FNP
- Malone University Adult CNS
- Northeastern University RNA
- Rosalind Franklin University RN

- Texas Woman's University Adult Health NP
- University of Akron RNA
- University of Milwaukee Family NP
- University of Nebraska Medical Center Psychiatric Mental Health NP
- University of Texas at Austin Psychiatric Mental Health NP
- University of Texas Health Science Center San Antonio FNP

Miriah Kidwell from the CNE Committee discussed APRN's concern that there is not a clear definition of what type of continuing nursing education qualifies for APRNs. The direction of the APRN Committee is to have instructions in the KSBN newsletter and to update the IOA's with more defined instructions for APRN's. Miriah will bring this back to the APRN Committee in December.

The meeting was adjourned at 1:50 pm.

# September Finance Committee

The September Finance Committee was called to order September 16, 2015 at 8:30 A.M. in room 560 of the Landon State Office Building in Topeka by Garet King, Vice-Chair. The minutes of the June 17, 2015 Finance Committee were approved as written.

M. Blubaugh reported that the FY 2015 budget was under budget by \$6,208 and the agency was able to purchase all the items that were approved by the finance committee at the March committee meeting. It was reported that the agency had just submitted the FY16 and FY17 budget and that it will be reviewed by the department of the budget and then the agency will receive their recommendations. There were several items raised in the budget indices, so a supplement was requested to cover those higher expenses. The agency fee fund was swept \$250,000 and the revenue was placed in the state general fund. Renewal fees were lowered in FY15 from \$60 to \$55 reducing our revenue by about \$150,000 a year, so we may need to raise the renewal fees back up FY17 due to the higher costs of several items charged to the agency. We will bring more information back in December for review.

A motion was passed to accept K.S.A. 74-1109 and 65-1118A with no recommended changes.

The meeting adjourned at 8:46 A.M.

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Want to see our website? Point your Internet browser at <a href="http://www.ksbn.org">http://www.ksbn.org</a>.

Need to fax us? KSBN fax number is 785-296-3929. All federal mail should be addressed to:

Kansas State Board of Nursing (intended recipient)

900 SW Jackson, Suite 1051, Topeka, KS 66612-1230



# **Board Members E-Mail Addresses**

Judith Hiner, RN, BSN 07-01-09 – 06-30-17	judith.hiner@ksbn.state.ks.us
Rebecca Nioce Public Member 03-21-11 – 06-30-18	rebecca.nioce@ksbn.state.ks.us
Jeanne Catanzaro, MSN, RN 07-10-12 – 06-30-16	jeanne.catanzaro@ksbn.state.ks.us
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Leanna Beeson, LPN 03-03-14 – 6-30-17	<u>leanna.beeson@ksbn.state.ks.us</u>
Patricia Zeller, MSN, APRN, NP-C 07-18-2014 – 06-30-18	patricia.zeller@ksbn.state.ks.us
Mary Struble, LPN 07-01-15 – 06-30-2019	mary.struble@ksbn.state.ks.us
Sherri Brown, BSN, RN 07-27-15 – 06-30-2019	sherri.brown@ksbn.state.ks.us
Jennifer Szambecki, Public Member 07-27-15 – 06-30-2019	jennifer.szambecki@ksbn.state.ks.us

#### **ATTENTION KANSAS NURSES**

College Course are not approved Continuing Nursing Education Hours for License Renewal Unless Approved by IOA Prior to Renewal of License

College course are not approved for CNE contact hours without submission of an Individual Offering Approval (IOA) form, prior to renewal or reinstatement of license. Even with the submission of an IOA not all college courses are eligible for CNE contact hours. College courses acceptable for CNE with an IOA may include any of the following: any college courses in science, psychology, sociology, or statistics that are prerequisites for a nursing degree. Contact hours shall not be recognized by the board for any of the following: an incomplete or failed college course or any college course in literature and composition, public speaking, basic math, algebra, humanities, or other general education requirements unless the course meets the definition of CNE. Please note if you have successfully completed a college course within your renewal period and the course meets the definition of CNE, you must submit the course for official approval by IOA to the Board PRIOR to renewal of your nursing license.

The Individual Offering Approval Application (IOA) can be found on www.ksbn.org or go to: http://www.ksbn.org/cne/ioa.pdf

Definition of CNE: K.S.A 65-1117 (a) Continuing nursing education means learning experiences intended to build upon the educational and experiential bases of the registered professional and licensed practical nurse for the enhancement of practice, education, administration, research or theory development to the end of improving the health of the public

# **CNE Guidelines for Advanced Practice Nurses**

**60-11-113(b)** reads "License renewal. On and after January 1, 2013, each individual renewing a license shall have completed the required 30 contact hours of approved continuing nursing education (CNE) related to the **advanced practice role** during the most recent prior license period. Proof of completion of 30 contact hours of approved CNE in the advanced practice nurse role may be requested by the board."

<u>Guidelines for advanced practice nurses seeking continuing nursing education offerings:</u>

Compare the course learning objectives/outcomes for any course you are considering with the definition of Continuing Nursing Education: Continuing nursing education means a learning experience intended to build upon the educational and experiential bases of the advanced practice nurse for the enhancement of practice, education, administration, research or theory development to the end of improving the health of the public.

- Is the course designed to provide new knowledge or enhance current knowledge and/or skills in your advanced practice role, to assist you in improving the health of the public?
- Is the course designed to provide you with the skills and/or knowledge to provide innovative changes supported by research and theory within your advanced practice role, to assist you in improving the health of the public?
- Is the course designed to provide you with new and developing standards of practice within your advanced practice role, to assist you in improving the health of the public?
- Is the course designed to assist you within your role by advancing your clinical decision making skills, to assist you in improving the health of the public?

If the course learning objectives meet the above criteria, then the offering is appropriate for advance practice continuing nursing education.

#### Guidelines for approved CNE offerings:

65-1119(5) "The board shall accept offerings as continuing nursing education presented by: Colleges that are approved by a state or national department of education and providers approved by other state boards of nursing, the national league for nursing, the national federation of licensed practical nurses, the American nurse credentialing center, or other such national organizations as listed in the rules and regulations adopted by the board."

#### PLEASE NOTE:

- All college courses must be submitted and approved by the Individual Offering Approval (IOA) process, prior to renewal of license.
- CME's are continuing medical education (not continuing nursing education) and must be submitted and approved by the Individual Offering Approval (IOA) process, prior to renewal of license.
- If the CNE certificate of completion does not clearly indicate being approved for advanced practice nurses, you must submit the course learning objectives with the certificate for proof of advance practice continuing nursing education, if audited or reinstating your license.

#### Kansas Nurse Assistance Program

#### What is KNAP?

KNAP is a professional assistance program designed to assist all nurses and mental health technicians who have a problem or illness that has or could impair their ability to practice safely.

#### The Goal of KNAP

Mental and physical illness, including alcohol and other drug addiction, can potentially impair practice and health. We estimate that at any given time, approximately 10% of the population is affected. This same percentage is thought to be true of healthcare professionals.

Alcohol and other drug addiction, as well as mental and physical illnesses, are treatable. KNAP works with the program participants to obtain an evaluation, treatment (if indicated), and monitoring throughout the recovery process.

#### Referrals

Self-referrals to the program are encouraged, but referrals may be made by a family member, a friend, employer or anyone concerned about the nurse/LMHT.

Anonymous referrals are not accepted. A person may call for information or advice without giving their name, however. Referrals may be made by calling 913-236-7575.

#### **KNAP Providers**

- Confidential services to Kansas RNs. LPNs, and LMHTs experiencing problems and illnesses which could lead to impaired practice.
- Interventions, assessments, referrals for evaluation and treatment (if indicated.)
- On-going monitoring through random urine drug screens, contact with employers and monthly groups.

#### **Causes for Concern**

#### **Job Function**

- Narcotics discrepancies, e.g.: incorrect counts, alteration of narcotic containers, increased patient reports of ineffective pain control, discrepancies on records or frequent corrections of records, unusual amounts of narcotics wasted, significant variations in the quantity of narcotics ordered for technician's unit or shift.
- Fluctuations in the quality of work performance.
- Irresponsible behavior from someone previously conscientious and responsible.
- Requests to work shifts that are the least supervised.
- Inordinate interest in patients' pain control medications.

#### **Behavior**

- Increasing isolation from colleagues, friends and family and avoiding social activities.
- Complaints from others about performance or alcohol or drug use.
- Mood swings, irritability or depression, or suicide threats or attempts, perhaps caused by accidental overdose.

#### **Physical Symptoms**

- Obvious intoxication such as swaying, staggering or slurred speech.
- Odor of alcohol on breath or the excessive use of breath-fresheners or perfume to disguise the odor of alcohol.

KNAP is supported by funds from the Board of Nursing and, in small part, by fees charged to the participants.

For further information The Kansas Nurses Assistance Program Cloverleaf Complex Bldg #3 6405 Metcalf, Suite 502 Overland Park, Ks 66202 (913)236-7575

john@hapn.org – John Childers, LMSW **Executive Director** 

regena@hapn.org - Regena M. Walters, RN Program Manager

admassist@hapn.org - Betty Childers Program Assistant

<u>betty@hapn.org</u> – Betty Childers Office Manager

## ADDRESS CHANGE

You can use your user ID and password to change your address on-line OR send us the change of address in writing. Please submit within 30 days of address change. You may mail your address change to Kansas State Board of Nursing; 900 SW Jackson St, Ste 1051; Topeka,  $KS\ 66612\text{-}1230.$  The Address Change form is available at www.ksbn.org/forms.

If you do not have access to a computer please include the following information in your written request:

First and Last Name (please print complete names)

Duciai	Security Number
	dress and New Address ete Street Address with Apt #, City, State, and Zip
Home	shone number and Work Phone number
Home j	phone number and Work Phone number

We are unable to accept your request to change your

address from information delivered over the phone or via an email. All requests must be received in writing and

include a signature.

## **Nursing License Renewal Schedule**

If your license expires on: (Please refer to the Check Status of Expiration to verify your expiration date.)	You should receive your yellow renewal notice postcard by:	Your properly completed renewal application should be in the Board office by:
February 29, 2016	December 15, 2015	January 15, 2016
March 31, 2016	January 15, 2016	February 15, 2016
April 30, 2016	February 15, 2016	March 15, 2016
May 31, 2016	March 15, 2016	April 15, 2016
June 30, 2016	April 15, 2016	May 15, 2016
July 31, 2016	May 15, 2016	June 15, 2016

#### WALL CERTIFICATES

Wall Certificates suitable for framing are available through the Kansas State Board of Nursing. Certificates are available to those RNs/LPNs/LMHTs/NPs/CNSs/NMWs/ RNAs who hold a permanent Kansas license. To obtain a certificate, please complete the

onowing form.
Name:
Address:
City:
State: Zip Code:
Certificate of Qualification (License)
Number:
Oniginal Data of Iggues
Original Date of Issue:
Each certificate is \$10.00.

Please submit order form to: Kansas State Board of Nursing Landon State Office Building 900 SW Jackson, Suite 1051 Topeka, KS 66612-1230

### **Unlicensed Practice**

The following individuals were fined for unlicensed practice for practicing for six(6) calendar months or more in Kansas without a license, or had a second or subsequent unlicensed practice.

Bethanie Boley #13-94250-111Arma, KS 66712 22 months/\$1000.00

Teresa Edwards #24-45195-011 Lyons, KS 67554 8 months/\$400.00

Antania Settle #24-45155-051 Raymore, MO 64083 6 months/\$300.00

Norma Buchwach #14-94632-051 Leawood, KS 66211 6 months/\$300.00

Kristi Dryden #23-43867-041 Ottawa, KS 66067 6 months/\$300.00

Josephine Orr #13-75369-052 Shawnee, KS 66203 20 months/\$1000.00

## False/Inaccurate **Information**

The following individuals were fined for providing false/inaccurate information in the KSBN renewal licensing process a second or subsequent time and were fined \$200.00

Aaron Hernandez #13-101469-051 Kansas City, MO 64114

Renee Evans #24-42426-091 Kansas City, MO 66106

Lawton Hicks #13-76263-121 Baldwin City, KS 66006

Kera Snyder #13-112618-101 Olathe, KS 66062

Janice Hoshaw #23-40000-111 El Dorado, KS 67042 Dorian O'Connor #23-39985-101 Leavenworth, KS 66048

Ginger Barnes #23-29494-091 Wichita, KS

Shannon Costanza #24-38102-111 Overland Park, KS 66221

LuQueeda Franklin #23-30323-111 Wichita, KS 67214

# DISCIPLINE CASES

#### **Drug & Alcohol Violation**

Jennifer Davis Ozawkie, KS 66070 License #23-30948-092 Case #15-439-9 & 10-367-5 License Denied 11/12/2015

Wanda Ragsdale-Bland Grandview, MO 64030 License #24-27008-022 Case #14-2128-0 & 12-1866-0 License Suspended w/ Stay 10/13/2015

Jordan Stephens Glencoe, AL 35905 Applicant Case #15-292-0 Application Denied 12/30/2015

#### Fraud or Deceit Violation

Kathleen Anderson Belton, MO 64012 License #14-62842-032 Case #14-1926-0 License Revoked 10/13/2015

Michelle Lang Kansas City, KS 66106 License #13-112409-102 Case #13-1150-7 License Suspended w/ Stay 11/16/2015

Erica Sanderson Hazelwood, MO 63042 License #13-97059-122 Case #15-751-5 License Revoked 11/12/2015 Holly Sullivan Norwich, KS 67118 License #13-99889-122 Case #14-234-5 License Suspended 11/4/2015

Julie VanZant Republic, MO 65738 Applicant Case #15-1642-0 Application Denied 12/22/2015

Nakisha Webster Wichita, KS 67212 License #23-29710-101 Case #08-1046-5 Reinstatement Denied 11/19/2015

#### Mental Incompetence Violation

Karen Conklin Chanute, KS 66720 License #14-114206-092 Case #14-602-6 License Revoked 10/13/2015

#### <u>Unprofessional Conduct</u> Violation

Laura Baker Kansas City, MO 64134 Applicant Case #15-532-0 Endorsement Denied 10/12/2015

Kristen Berry Burlington, KS 66839 License #23-45684-011 Case #15-002-6 License Revoked 12/01/2015

Sarah Blevins Kansas City, MO 64154 License #13-96217-102 Case #12-1574-0 License Revoked 10/13/2015 Aaryn Brown Alexander, AR 72002 Applicant Case #15-1433-0 Endorsement Denied 10/13/2015

Ann Cop Oskaloosa, KS 66066 License #13-87866-102 Case #14-2259-9 License Revoked 10/15/2015

Sheryl Garcia Basehor, KS 66007 License #13-87672-012 Case #14-389-0 & 10-726-7 License Revoked 10/13/2015

Amber Munkirs Wichita, KS 67203 License #23-44760-011 Case #15-109-5 License Revoked 12/01/2015

Nichole Roberdes Raytown, MO 64138 License #13-108595-102 Case #14-1580-0 License Revoked 11/12/2015

Veronica Sanford Fort Leonard Wood, MO 65473 License #24-43393-111 Case #13-301-0 License Revoked 12/01/2015

Meagan Seale Austin, TX 78759 License #24-45948-121 Case #14-1346-0 License Revoked 11/03/2015

Amy Sisk Wichita, KS 67214 License #13-118864-061 Case #15-912-5 Public Censure 12/01/2015 Heather Stagner Canton, KS 67428 License #23-43081-082 Case #14-1216-3 License Revoked 12/01/2015

Nancy Thummel Atchison, KS 66002 License #13-83524-041 Case #13-524-9 License Suspended 11/05/2015

Scott Vermillion Overland Park, KS 66223 License #13-124927-122 Case #14-2263-7 License Revoked 12/01/2015

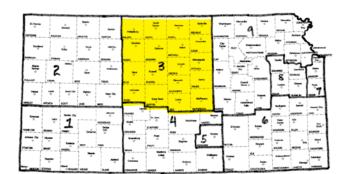
Tracey Vollmer Atchison, KS 66002 License #23-32108-081 Case #14-1469-9 & 09-278-7 Reinstatement Denied 11/19/2015

Mary Wassenberg Topeka, KS 66608 License #24-26815-121 Case #12-1960-9 License Revoked 12/01/2015

Michael Weston Clark Kansas City, MO 64119 Applicant Case #15-897-0 Endorsement Denied 12/10/2015

Ronald Whetstone Topeka, KS 66603 License #23-31096-102 Case #12-1615-8 License Revoked 12/01/2015

# CONTINUING NURSING EDUCATION OFFERINGS



#### **REGION 3**

April 9, 2016, 9:00 am-5:00 p.m., Salina, KS Addressing and Treating the Effects of Local, National & International Terrorism on Medical & Mental Health Professionals. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Beth Whisler, MA. Aud: RN/LPN. This workshop will explore how international, national and local terrorism events can affect individuals of all ages. Attendees will learn proactive measures which can promote physical and psychological wellbeing both for the patients and the health care professional. You will be given some tools to assist you in this ongoing problem. Fee: \$89.50. Reg. by: April 6, 2016. Contact Hours: 8.

April 14, 2016, 9:00 am-5:00 p.m., Salina, KS

Two Cancer Survivors; Their Experience with a Cancer Diagnosis & New Treatment Modalities in 2016! Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Melanie Leepers, RN, MBA, Amanda Strait, MBA, Gordon Dowell, BS. Aud: RN/LPN. Two cancer survivors will discuss their diagnosis, treatment, and their busy lives today. New treatment modalities, clinical trials, and other forms of cancer treatments that are available today will be discussed. There will be a panel discussion in the afternoon exploring all aspects of a cancer diagnosis. The many different treatment modalities will be discussed utilizing the expertise of oncology and radiation therapy nurses, a social worker, and the two cancer survivors. Fee: \$89.50. Reg. by: April 11, 2016. Contact Hours: 8.

April 21, 2016, 9:00 am-5:00 p.m., Belleville, KS
Trauma Nursing in the 21st Century. Spon:
Cloud County Community College, 2221 Campus

Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Darlene Whitlock, RN, APRN, ACNP, MSN. Aud: RN/LPN. Care of the critically injured patient is constantly changing as evidence based practice regarding treatment is evolving. This course will cover not only initial evaluation of the trauma patient but also new treatment methods and interventions. Related topics of traumatic brain injuries, special populations and ethical dilemmas in assaultive events will also be discussed. Fee: \$89.50. Reg. by: April 18, 2016. Contact Hours: 8.

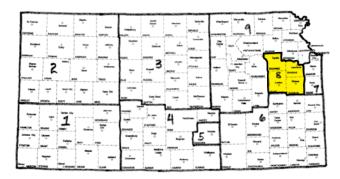
May 2, 2016, 9:00 am-5:00 p.m., Salina, KS Communicating/Dealing **People** and Technology in the Rapidly Changing Workplace. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: John Mulvaney, MA. Aud: RN/LPN. This workshop is designed for anyone working in healthcare to better understand the process of quality workplace communication for the ultimate benefit of the patient, resident, client and customer. Strategies for communicating effectively with individuals who are unwilling to work toward team goals will be discussed. Successful strategies to manage jobrelated stressors from trying to use the rapidly changing technology which drain people of job productivity will be identified. Fee: \$89.50. Reg. by: April 29, 2016. Contact Hours: 8.

May 10, 2016, 9:00 am-5:00 p.m., Belleville, KS

Hospice Care: A special kind of hope! Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Amy Burr, RN, BSN Director Meadowlark Hospice. Aud: RN/LPN. Hospice care is more than caring for a patient in their last moments of life. Hospice is a service that provides care for the patient and their loved ones as they make this transition. Hospice can help ease the burden on families in their final days, but when initiated early enough hospice can also help the patient and family prepare for the road ahead. Hospice is about living and making moments last when faced with a terminal illness. This workshop will answer your questions about hospice care and how to access hospice. Fee: \$89.50. Reg. by: May 6, 2016. Contact Hours: 8.

May 19, 2016, 9:00 am-5:00 p.m., Salina, KS Recognizing and Understanding Hemorrhagic Stroke. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Wendy Dusenbury, DNP, APRN-BC, ANVP-BC, Rhonda Young, MSN, APRN-C, ANVP-BC. Aud: RN/LPN. Understanding Hemorrhagic Stroke is the second in a series of offerings designed to enhance the knowledge base of the Health Care Professional areas specific to neuroscience nursing. Hemorrhagic stroke carries a high risk of death and disability. Prompt evaluation and evidenced based management of the patient with hemorrhagic stroke can impact survival and quality of life. There will be a comprehensive discussion of intracerebral hemorrhage, subarachnoid hemorrhage

intraventricular hemorrhage. A detailed discussion on pharmacological management will be presented. An interactive case study format will be utilized to summarize the key components of this class. Fee: \$89.50. Reg. by: May 16, 2016. Contact Hours: 8.



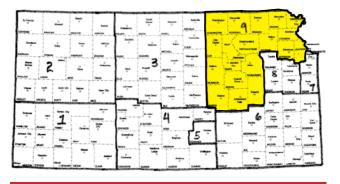
#### **REGION 8**

April 9 & 10, 2016, 9:00 am-7:00 p.m. both days, Baldwin City, KS

Healing Touch Level One. Spon: The Light Center, 1542 Woodson Road, Baldwin City, KS 66066. Contact: Robin Goff, 785-255-4583. Fac: Robin Goff, BSN, MAV, CHTP, CHTI. Aud: RN/LPN. A comprehensive program of study in energetic healing which teaches a wide range of techniques to be applied in all nursing settings and is endorsed by the American Holistic Nurses Association. Fee: \$300. Reg. by: April 6, 2016. Contact Hours: 18.

June 28, 2016, 8:00 am-4:30 p.m., Holton, KS

The Healing Power of Reminiscence. Spon: Jackson County Caring Community Council, 1110 Columbine Dr., Holton, KS 66436. Course to be held at EUM Family Life Center, 227 Penn, Holton, KS). Contact: Esther Ideker, RN, BSN, 785-364-9617. Fac: Robin Edgar, BA. Aud: RN, LPN, SW, Chaplains. This workshop will focus on the topic of recalling, recording, and celebrating significant memories to help participants recognize and value the individuals and incidents that shaped their lives - an effective tool in coping with loss and change. Fee: \$45.00 early bird by June 1, \$55.00 after June 1. Reg. by: June 24, 2016. Contact Hours: 7.2.



#### **REGION 9**

April 12, 2016, 9:00 am-5:00 p.m., Manhattan, KS More than just wet to dry - Wound, Ostomy, Foot and Nail Care 2016. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Dawn Julian, DNP, APRN, CWON, CFCN, CWS. Aud: RN/ LPN. This class will explore the new and improved changes in all types of wound care treatment and the many types of devices used for treatment with demonstrations of the use of the devices. You will observe demonstrations and have hands on practice for treatment and documentation for all types of wounds, ostomies, and foot and nail care. Fee: \$89.50. Reg. by: April 8, 2016. Contact Hours: 8.

April 27, 2016, 9:00 am-5:00 p.m., Manhattan, KS

Dying: The Last Adventure of Life. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Mary Savoie, CSJ, MSNE, Ed.D, Margaret Nacke, CSJ, MAN, Ed.D. Aud: RN/LPN. No matter what our religious or spiritual backgrounds, we must all face our death one day. This class will provide nurses and other health care professionals an opportunity to examine aspects of death and dying in order to be more effective in assisting the

# CONTINUING NURSING EDUCATION OFFERINGS

dying and their families. Fee: \$89.50. Reg. by: April 25, 2016. Contact Hours: 8.

April 28, 2016, 9:00 am-5:00 p.m., Clay Center, KS
Intermediate Fetal Monitoring, An In-depth
Review. Spon: Cloud County Community College,
2221 Campus Drive, P.O. Box 1002, Concordia,
KS 66901-1002. Contact: JoDee Aldridge Ball,
Coordinator of Allied Health, 785-243-1435 or
1-800-729-5101 ext. 372 or ext. 375. Fac: Crystal
Young, RN, MSN. Aud: RN/LPN. This course will
be taught following the Association of Women's
Health, Obstetrical, Neonatal Nurses (AWHONN)
curriculum. The attendees will receive basic fetal
monitoring and discuss in detail intermediate fetal
monitoring guidelines and practicum education. Fee:
\$89.50. Reg. by: April 25, 2016. Contact Hours: 8.

#### May 4, 2016, 9:00 am-5:00 p.m., Manhattan, KS

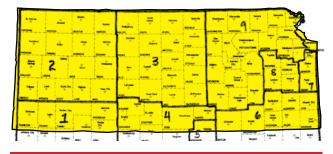
The Art and Science of Aromatherapy! Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN/LPN. This class will explain and introduce the use of essential oils in the treatment of acute and chronic illnesses. Participants will learn the safe application of oils and the healing properties of several commonly used oils. Essential oil constituents, the history of essential oil use, and the present day use in the clinical environment will be explored and discussed. Fee: \$89.50. Reg. by: May 2, 2016. Contact Hours: 8.

May 12, 2016, 9:00 am-5:00 p.m., Abilene, KS

Nursing Assessment: The Basis for Nursing Judgment. Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Emilie Hagan, ARNP-CNS, CDE, CCM Aud: RN/LPN. Nursing judgment is the key to the nurse's ability to provide quality healthcare to his/her clients. The foundation of that judgment is the nurse's ability to perform a thorough and timely assessment, whether in the community or acute care setting. This course is an opportunity to develop and integrate physical assessment skills with clinical nursing judgment. The focus of this class will be the assessment of the adult client. Fee: \$89.50. Reg. by: May 12, 2016. Contact Hours: 8.

#### June 28, 2016, 8:00 am-4:30 p.m., Holton, KS

The Healing Power of Reminiscence. Spon: Jackson County Caring Community Council, 1110 Columbine Dr., Holton, KS 66436. Course to be held at EUM Family Life Center, 227 Penn, Holton, KS). Contact: Esther Ideker, RN, BSN, 785-364-9617. Fac: Robin Edgar, BA. Aud: RN, LPN, SW, Chaplains. This workshop will focus on the topic of recalling, recording, and celebrating significant memories to help participants recognize and value the individuals and incidents that shaped their lives - an effective tool in coping with loss and change. Fee: \$45.00 early bird by June 1, \$55.00 after June 1. Reg. by: June 24, 2016. Contact Hours: 7.2.



#### **STATEWIDE**

April 14-15, 2016, 8:00 am-4:30 p.m. daily, Wichita, KS 34th Annual Gore Farha Critical Care Nursing Symposium. Spon: Wesley Medical Center, 550 N. Hillside, Wichita, KS 67214. Contact: Suzanne Blasi, RN, BSN, CCRN, 316-962-3080. Fac: International, national and local faculty. Aud: RN, LPN, EMS, RCP. Content includes: Orthopedic Trauma, Delerium in the ICU, Acute Respiratory Failure, Traumatic Brain Injury, Evidence Based Approach to Resuscitation, Pharmaceutical Diversion, Nutrition in Critical Illness, Vasoactive and Inotropic Medications, Acute Sepsis, and Alcohol in the ICU and other topics designed to develop and enhance care of the patient in the critical care unit.

Fee: Call for brochure. Reg. by: Early registration discount ends April 4, 2016. Contact Hours: 15 for both days.



#### **HOME STUDY**

Healthy, Holistic Weight Management Strategies. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Sue Popkess-Vawter, PhD. Aud: All levels of nursing. You will learn new strategies for making lifestyle changes that promote healthy weight by developing a daily plan using the cognitive restructuring strategies, Eat for Hunger, Exercise for Life and Esteem for Self. Fee: \$70.00. Contact Hours: 7.5.

The Pathway of Grief: Terminal Diagnoses through Bereavement. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Jody Gyulay, PhD, LCSW, RN. Aud: All levels of nursing. This course will identify the normal grief process from diagnosis through bereavement for the patient, family and care givers. You will see the dying process as a complex journey for both the patient and the family, and you will learn ways to allay their pain and suffering while bringing calm to the dying patient and family. Fee: \$100.00. Contact Hours: 10.5.

About Time: Getting the Right Things Done. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. Time is our most precious resource, this course will provide strategies needed to manage your time effectively and wisely. Fee: \$40.00. Contact Hours: 3.6.

The Truth About Antacids. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Lisa Everett, RPh., FACA, CCN. Aud: All levels of nursing. Learn the truth about one of the most common complaints, acid reflux or GERD, and what is the correct course of action to get permanent relief. Fee: \$15.00. Contact Hours: 1.0.

Assertiveness: New Perspectives. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to assertively manage challenging communication issues with patients, physicians and other members of the health care treatment team. Fee: \$40.00. Contact Hours: 3.3.

Patient Compliance: A New Look. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide information needed to prevent and manage non-compliant patient behavior. Fee: \$65.00. Contact Hours: 5.4.

Conflict Management: Skills for Uncertain Times. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide skills needed to manage conflict with patients, physicians and allied health professionals. Fee: \$55.00. Contact Hours: 5.5.

The Holistic Art of Self-Health. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Carol LaRue, OTR/L. Aud: All levels of nursing. This unique course will help you expand personally and professionally, you will increase your knowledge and awareness of the imbalances of illness and disease while learning practical applications and activities to nurture the seven dimensions of well being and recognize the connection between mind, body and spirit. This course available on-line or by text book. Fee: \$65.00. Contact Hours: 6.0.

Superachievers and Coping Strategies. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of perfectionism. Fee: \$35.00. Contact Hours: 2.4.

**Tick-Borne Diseases in the United States.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Christine Kerns, BA, RN. The incidence of Tick-Borne Disease has skyrocketed, learn the reasons for this increase and the identifying signs and symptoms and treatment approaches. Fee: \$25.00. Contact Hours: 2.0.